



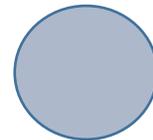
*Youth exchange*  
**DANCE IT OUT**

1st to 10th May 2018  
Ureki, Georgia

# ABOUT THE PROJECT

Using a personal development approach, and using body movement and dance as tools we will provide you with the context where you can connect with yourself, connect with others, and have a healthier approach to life.

In 10 days you will learn, play and experiment by moving on your own or together in multicultural group of 40 young people from 8 countries.





# THE EXCHANGE IS FOR YOU IF:

- You are between 18 and 29 years old
- You are resident of United Kingdom, Denmark, Italy, Czech Republic, Georgia, Ukraine, Bosnia and Herzegovina, Algeria.
- You want to better connect with yourself and with others using your body as a tool.
- You want to improve the quality of your health by bringing body movement
- and dance into your daily life.
- You are able to work and communicate in English.
- You are highly motivated and willing to actively participate and move your body during the whole exchange. All that counts is your curiosity and enthusiasm, no need to be professional dancer.
- You are willing to explore and experience yourself through 8-10 hour daily programme.



# PROGRAM

THIS YOUTH EXCHANGE IS  
BASED ON NON-FORMAL  
EDUCATION, BEING  
HIGHLY PARTICIPATORY  
AND INTERACTIVE USING  
EXPERIENTIAL METHODS

**THERE WILL BE 4 PARTICIPANTS + 1  
GROUP LEADER FROM EACH  
COUNTRY:**

- 1 group leader eager to lead the creation of body movement workshops during the Exchange
- 2 participants with experience in dance and body movement willing to share their experience
- 2 without dance experience but motivated to learn and experience dance and body movement

# PARTNER ORGANIZATIONS

United Kingdom - OPPORTUNITY GLOBAL

Denmark - Danish Youth Team

Czech Republic - Czech-In

Italy - Vagamondo

Georgia - Youth With an International Vision

Ukraine - Non-Government Organization "Unit"

Bosnia and Herzegovina - UDRUZENJE CENTAR ZA EDUKACIJU I MOBILNOST  
MLADIH ELEMENT

Algeria - Association Culturelle Jeunes Talents Jeune Espoir -





**APPLICATIONS DEADLINE,  
SELECTING A PARTICIPANTS:**

5<sup>TH</sup> of March at 23:00 2018

**BOOKING OF TRAVEL TICKETS:**

12<sup>TH</sup> of March 2018

**SENDING A DANCE VIDEOS:**

15<sup>TH</sup> of March 2018

**ONLINE APV: 10<sup>TH</sup> of April 2018**

# TIMEFRAME OF THE PROJECT

**ARRIVAL DAY:**

1th May

**DEPARTURE DAY:**

10th May

**To keep the quality of the  
project Deadlines will be  
very strict**

# Travel Limits

United Kingdom - 530 EUR

Denmark - 360 EUR

Czech Republic - 360 EUR

Italy - 360 EUR

BH – 360 EUR

Ukraine – 275 EUR

Algeria – 530 EUR

After coming back home, you should send the remaining ORIGINAL boarding passes and any other documents from your return journey by post to address which will be given to you during the project

## CONDITIONS OF REIMBURSEMENT

- You must travel in the most cost-efficient way available to you. only econom or low class of public transports will be reimbursed. (No taxi cost) Before buying a ticket, you must provide details of your travel plans to us for verification and approval.
- You must bring all the ORIGINAL travel documents (receipts, invoices, tickets and boarding passes) for BOTH your journeys to and from the youth exchange. Digital copies of travel documents are also very useful, so please also email these to us before you come to Georgia
- You must attend all the sessions and commit yourself fully to the activities.
- Travel reimbursement for ALL COUNTRIES will be done by BANK transfer approximately in 1 month after the activity, based on full travel documents from all the Groups and participants.

# PRACTICAL INFORMATION

- The Youth Exchange will take place in a Hostel in seaside of Georgia in Ureki,
- Participants have several possibilities to arrive in Georgia (Kutaisi & Tbilisi Airports). Most cheap arrival flight point is Kutaisi international airport (Wizz Air). Cheap Flights mostly are operated by Ukraine international Airlines(Tbilisi, Kutaisi,), AirBaltic(Tbilisi), Pegasus(Tbilisi)LOT Airlines(Tbilisi), Atlas Global(Tbilisi) from/via Istanbul, Kiev, Riga, Vilnius, WarsawDetailed
- All participants will be picked up from the meeting points depending their arrival time & will be brought to project Venue. Transfer schedule will be sent, as soon as we will have all tickets! Please note that travel between arrival places & project venue will be organized by organizers, & then the costs for this trip have to be covered by the participants with the actual travel costs budget.
- **Passports and VISA:** Participants with passport of EU states, UK, Ukraine and BH do not need VISA to enter the territory of Georgia. You will need to have only a Valid for next 6 month & not Damaged international Passport. Visa is only needed for Algerian participants, we will support you with all necessary documentation including invitation letters



## **TRAVEL AND HEALTH INSURANCE**

Health insurance will NOT be provided or reimbursed by the mobility organisers. However, it is a mandatory requirement for all participants to provide your own health insurance. This should cover you for the full duration of your time in Georgia. When you have arranged your insurance policy, please provide us with the details of it before you attend the youth exchange, by sending us a scanned copy at [ywiv.georgia@gmail.com](mailto:ywiv.georgia@gmail.com)

General travel insurance to cover the safety of your possessions, lost luggage, delays to flights, etc is NOT a mandatory requirement, but it is advisable.



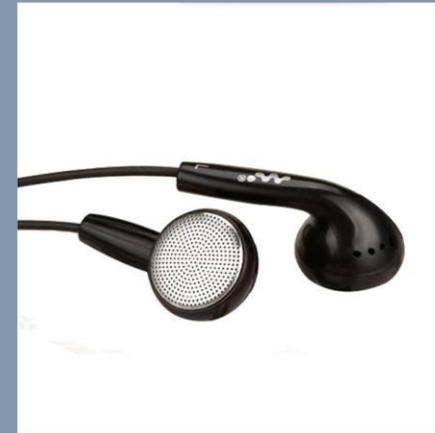
We will have an intensive 10 days program with no free days. So if you want to explore Georgia you are allowed to arrive or depart 2 days before and after the exchange.

In case you decide to use that extra time, bear in mind that it will NOT be supported with food or accommodation but we can help you with finding good and cheap hostel.

If your stay is longer than 2 days before and after the project, we are NOT able to reimburse your travel costs.

# What to bring

- Water bottle
- Comfortable shoes
- Comfortable pants
- Comfortable Shirt
- Ear plugs
- Your favorite one song



# CONTACT DETAILS

Any questions related to the youth exchange, travel to Georgia or visa matters shall be addressed to the project coordinator from YWIV team:

[george.bukia@gmail.com](mailto:george.bukia@gmail.com)

[ywiv.georgia@gmail.com](mailto:ywiv.georgia@gmail.com)

Or call on mobile:

+995 592 258 000

+995 577 200 702

**All the participants have to fill Application form on-line only after the purchasing the tickets:**

[https://docs.google.com/forms/d/e/1FAIpQLSd0A7tSz0EHGBnpXQNNiL3ddtjH\\_A42OHzMIE0XcvUVGaVaiw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSd0A7tSz0EHGBnpXQNNiL3ddtjH_A42OHzMIE0XcvUVGaVaiw/viewform)

