# Breakout

### Erasmus\* Training Course

Borgo incoronata, Italy – July 20<sup>th</sup> – 26<sup>th</sup>, 2021









## About the project \*\*

The topics that we would like to address in this project are Soft skills development and Human Rights. How we can connect these two (seemingly) distant topics? Through the educational methodology of educational games, creativity and innovative methodology. Our focus will be given on effective communication, teamwork, creative thinking and problem-solving is increasing. Soft skills development can be effectively done through experiential learning with experience being a base for reflection, which is leading to development. Soft skills are developed through real life work and often developed through gaming techniques and methods.

#### **Objectives:**

- Exchange practices and methods of soft skill development through youth organizational activities

- Introduce the concept of PEQ as a methodology for developing soft skills of young people
   Equip participants with tools and frameworks for developing educational PEQ games
   Train participants in debriefing educational game activities and fostering self-assessment in young people
- Provide space for designing and testing educational portable and escape quests
   Create a set of educational PEQ games that foster soft skill development in young people
   Empower youth workers/youth leaders to use PEQ games while working with youth

# Training Program

The **Training Course** will be intense and will include **4 practical** sessions of 90 minutes per day with designated 60 minutes of reflection while the game design stage workload will depend on each team's pace. The training is designed to produce physical results (portable escape quests), so there will be very little free time during the week. The training program will cover introduction to game-based learning, escape room principles, educational quest design, practical sessions on creating own game concepts, testing the concepts, documenting games and reflecting on the application of such methodology in work with youth. As a result we foresee to create and test at least 4 games in the local community as well as create a resource manual for youth workers & youth leaders to use when working with soft skill development.





Participants and Leaders must agree to take part in the whole duration of the Training Course: July  $20^{th} - 26^{th}$ , 2021

### Number of participants for each Country:

- 3 participants Danish Youth Team Denmark
- 4 participants Shokkin Group Estonia
- 2 participants Greek Odysseuses Greece
- 2 participants Zmiana Tematu Poland
- 3 participants Geoclube Portugal
- 2 participants ATDD Romania
- 3 participants KOM 018 Serbia
- 3 participants Ticket2Europe Spain

#### **Profile of Participants:**

- Age requirements: older than 18 years old;
- Has high English literacy (B2-C1) level;
- Is actively involved in the Partner organization;

The training course is designed for youth leaders, youth workers, trainer, teachers, educators, NGO volunteers, game enthusiasts. Ideally participants are involved in youth work or education of young people daily/weekly. Participants do not need to have any previous experience with escape rooms but have strong will and motivation to learn about game-based learning and be open to experiment with the given methodology.

#### Parco Nazionale del Gargano San Severo Manfredonia Fogg Barletta Cerignola E842 Molfetta Bari Melfi Altamura Matera Potenza Sala Consilina Parco Vazionale el Cilento, Policoro Vallo di... Sapr Parco Nazionale Trebisacce del Pollino

# How to get to Borgo Incoronata?

Choose preferably flights that are landing in Italy in the morning or the day before, so you will have the time and the assured transportation to reach the meeting point on time.

Very important: We will create a pickup point in Bari according to your arrivals. It is important that you will assure your presence in Bari not later than 17.00 on July 20<sup>th</sup>. Transport will be organized with a bus from the pickup point to the venue of the Youth Exchange, Borgo Incoronata. Cost of this bus is 20€ per person, and it will be covered with the travel budget. This means that if your total reimbursement is 275€, you will be cut out 20€ from the total amount, so it will become 255€ (20€ is for round way trip.) Very important: this bus is already booked so the cost will be cut off from each participant regardless their intention to catch this bus.

Do not reserve any train ticket in order to reach Borgo Incoronata, as we will provide internal transport from Bari to the venue.

After you will communicate to us your arrivals, we will make a schedule that you can follow with information on the exact time and place of the pickup point!

Same goes for the departures, knowing that the organized bus will bring you to Bari in the morning of July 26<sup>th</sup> at 8.00.

### Tickets Guidelines

The following guidelines are very important. Please make sure to read them carefully, and if you have any doubt ask us!

#### Arrival and Departure days: July 20th - 26th, 2021

**Eligible extra days** accepted from the National Agency for extending your stay in Italy and receive your reimbursement for your travel fully by our organization are up to 2 extra days. Please remember that accommodation in Borgo Incoronata cannot be covered for extra days.

Travel route must be approved by us, so before booking your flights ask us and wait for our approval.

#### Accepted travel days are:

July 20<sup>th</sup> - 26<sup>th</sup>
July 20<sup>th</sup> - 27<sup>th</sup>
July 20<sup>th</sup> - 28<sup>th</sup>
July 19<sup>th</sup> - 27<sup>th</sup>
July 19<sup>th</sup> - 26<sup>th</sup>
July 18<sup>th</sup> - 26<sup>th</sup>

SAVE THE DATE!



Don't forget to keep all your tickets, receipts, reservations and boarding passes! In case of missing documentation, we will NOT be able to reimburse you!

#### **NEEDED TRAVEL DOCUMENTS FOR REIMBURSEMENT**

- Flight tickets choose second class, cheaper flights.
   For flight tickets you will have to provide: Ticket
   Reservation (you receive it online after you buy your flight, on which you find the cost of the ticket) &
   Boarding pass (for both ways, printed in original or pdf).
- Train, Bus and Shuttle tickets make sure the date, the itinerary and the price are visible on the ticket, if you can get an invoice is better;
- Transport by taxi or Rent a Car reimbursement is allowed only if public transport is not available; a personal written declaration will be needed. (Before using it you can speak with us in order to arrange a cheaper solution if possible);
- or mobile tickets and boarding passes as it will disappear after you travel, so we need to save the proof.

### Travel Reimbursement & Costs

Project budget covers: 100% costs for accommodation, 100% costs for 3 meals (breakfast, lunch, dinner) & 2 coffee break per day.

Travel costs (from your house to the venue) will be reimbursed up to a maximum amount: 275€ per participant for Denmark, Greece, Poland, Romania and Serbia, and 360€ per participant for Estonia, Portugal and Spain.

Within this cost: Transport from/to Pickup point to the venue of the Youth Exchange, Borgo Incoronata. Cost of this bus is 20€ per person, and it will be covered with the travel budget. This means that if your total reimbursement is 275€, you will be cut out 20€ from the total amount, so it will become 255€ (20€ is for round way trip.)

Reimbursement will be done after all travel documents and payment proofs will be collected. Reimbursement will be transferred on the organization bank account.

All participants must collect all travel document for their group in this Drive Folder:

https://drive.google.com/drive/folders/1O2UmD CrsvE7KKrVXBtNncXguGYNxKgO?usp=sharing

After having collected all printed original forms, they will have to take pictures/scans and put them together with the digital version of tickets.

Please find in the Drive Folder also an Excel file as Reimbursement guide to fill in.

Very important: Reimbursement will be completed only when all documents are correctly collected.

# Travelling Through... Covid times?

Here's a short practical guide on how to travel if there are any restrictions from your Country to reach Italy ...and still be a good citizen!

- Download the App Re-open EU: <a href="https://reopen.europa.eu/it/">https://reopen.europa.eu/it/</a>
- This App is always up to date about all travel restrictions happening around Europe.
- Very Important: BEFORE your trip, please MAKE SURE that you are answering to all the travel requirements imposed by all interested governments.
- In case you need any invitation letter or official document for travelling to Italy (e.g. Hotel reservation or Accomodation address, or study invitation document) please contact your Sending Organization, they will coordinate these documents with us in detail.

We are going to update you about travelling conditions once we are getting close to the date!





### The Venue

The venue of the Youth Exchange is Borgo Incoronata, a quiet small town in Puglia, Italy.

The accommodation is next to a religious facility, totally immersed in the nature and next to a natural park, with a forest and a river.

Participants will be accommodated in single or double rooms with a private toilet. In case of double rooms, participants will share it with another participant who shared the travel with them or agrees to share the room with another person.

Lunch & Dinner will be served by a **Traditional Local Restaurant** with traditional food from **Puglia**, so be prepared to taste delicious food!

Breakfast & Coffee Break will be organized by host organization... we will try to keep you energized and happy!





## V To Do List

Please make sure to follow the next steps:
☐ Prepare yourself on the topic of the project, bringing your creativity and positive energy!
☐ Fill in the following form by May 22 <sup>nd</sup> : <a href="https://forms.gle/TuviMJXLqttbhyhx8">https://forms.gle/TuviMJXLqttbhyhx8</a>
☐ Reserve your tickets (after hosting organization approval!) by May 29 <sup>th</sup> . Upload your tickets and reservations in our drive, as explained in page 6 of the Infopack.
☐ Join the official <b>Facebook group</b> , where we will share more in and updates about the project: <a href="https://www.facebook.com/groups/123356266446184">https://www.facebook.com/groups/123356266446184</a>
□ Cultural Night — Every national group of participants from on Country will need to present their culture on the intercultural evening: you can bring some traditional food, show traditional dances and tell interesting facts and stories about your Country. You can also prepare games and quizzes!
☐ Safety and Insurance — the project budget will not cover a travel insurance, by the way we highly recommend to get an European Insurance Card



#### Please, don't forget!

- ☐ All your travel documents and tickets according to what explained in page 5 and 6
- ☐ Personal cup and water bottle, to be refilled and used personally, in order to reduce plastic use and keep your liquids separate from others!
- ☐ Personal Towels and hygiene items
- ☐ Personal medicines or any unusual personal items
- ☐ Personal masks
- ☐ Snacks and drinks in representation for your Country, for the Cutural Nights (keep in mind that there will be no kitchen available to cook something on spot, so bring only ready food & drinks...! ⓒ)



### The Team



Carmine, Elena and Rocco are the Coordinators of Beyond Borders organization. Their competences are related to Human Rights and combat against Hate Speech, Intercultural learning, European Citizenship and identity. They have a broad experience with coordinating projects, facilitating and implementing trainings and youth exchanges. Their expertise is also focused on the development of the capacities of youth workers and young people in the combat against Hate Speech through creative methods (photography, videography, graphics, dance, music, etc.).



Pavel is a free-lance trainer with experience in training delivery since 2011. Pavel has developed & issued 5 educational tabletop games & supported development of more than 20 educational games. Since 2015 Pavel has been delivering training courses and programs on game-based learning that utilize various formats of games (escape games, large-scale games, tabletop games) and address various topics (data security, intercultural learning, recycling, entrepreneurship, employability).



Olalla is a free-lance graphic facilitator/recorder since 2017, Olalla has experience in the use of visual tools for effective communication, integrating them in her work as project manager and volunteer coordinator in Shokkin Group Estonia. Over the last four years Olalla has also worked as a trainer/facilitator in local and international events on topics such as social inclusion, personal development, graphic facilitation and game-based learning, specially in cooperation with Shokkin Group International.

### Contacts & Parnters



#### **Beyond Borders Italy**

Facebook Page: Beyond Borders Italy

**Instagram:** @beyondbordersitaly

Youtube: Beyond Borders Italy

Email: associazionebeyondborders@gmail.com

**Phone numbers:** (we are using Whatsapp & Telegram!)

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#### Our partners in the project:

- Danish Youth Team Denmark danishyouthteam@gmail.com
- Shokkin Group Estonia olalla@shokkin.org
- o **Greek Odysseuses** Greece greekodysseuses@gmail.com
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- o **Geoclube** Portugal geral@geoclube.eu
- o ATDD Romania alicja.atdd@gmail.com
- o **KOM 018** Serbia <u>kom018@hotmail.com</u>
- o **Ticket2Europe** Spain olalla.gonzalez@ticket2europe.eu

