

WHAT THE PLASTIC!

ERASMUS+ TRAINING COURSE
KA1 MOBILITY OF YOUTH WORKERS

15-21 SEPTEMBER 2022
GIOVINAZZO, ITALY



Erasmus+

This project is funded by the European Union.



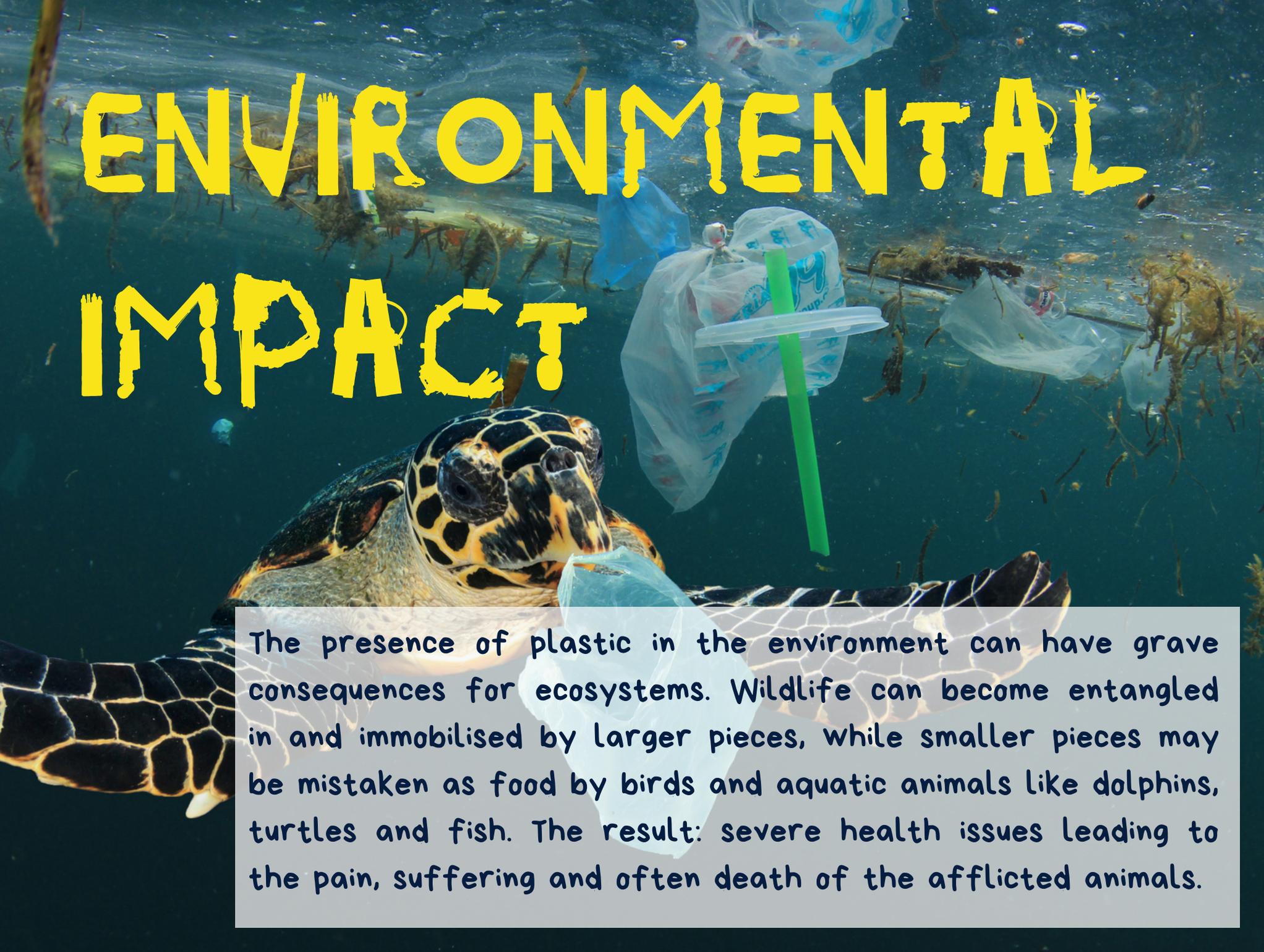
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THE PROBLEM

We're facing a plastic crisis. Every minute of every day, the equivalent of one truckload of plastic enters the sea. Every year, 8 billion kilograms of plastic pollution ends up in the ocean. Part of this pollution has already been detected in human blood and a recent research suggests that humans consume about five grams of small plastic particles every week, which is about the weight of your credit card.



ENVIRONMENTAL IMPACT

An underwater photograph showing a sea turtle swimming through a polluted environment. The water is filled with various pieces of plastic waste, including a large white plastic bag, a green straw, and several pieces of clear plastic. The turtle is in the foreground, looking towards the right. The background is filled with more plastic debris and seaweed, illustrating the environmental impact of plastic pollution.

The presence of plastic in the environment can have grave consequences for ecosystems. Wildlife can become entangled in and immobilised by larger pieces, while smaller pieces may be mistaken as food by birds and aquatic animals like dolphins, turtles and fish. The result: severe health issues leading to the pain, suffering and often death of the afflicted animals.

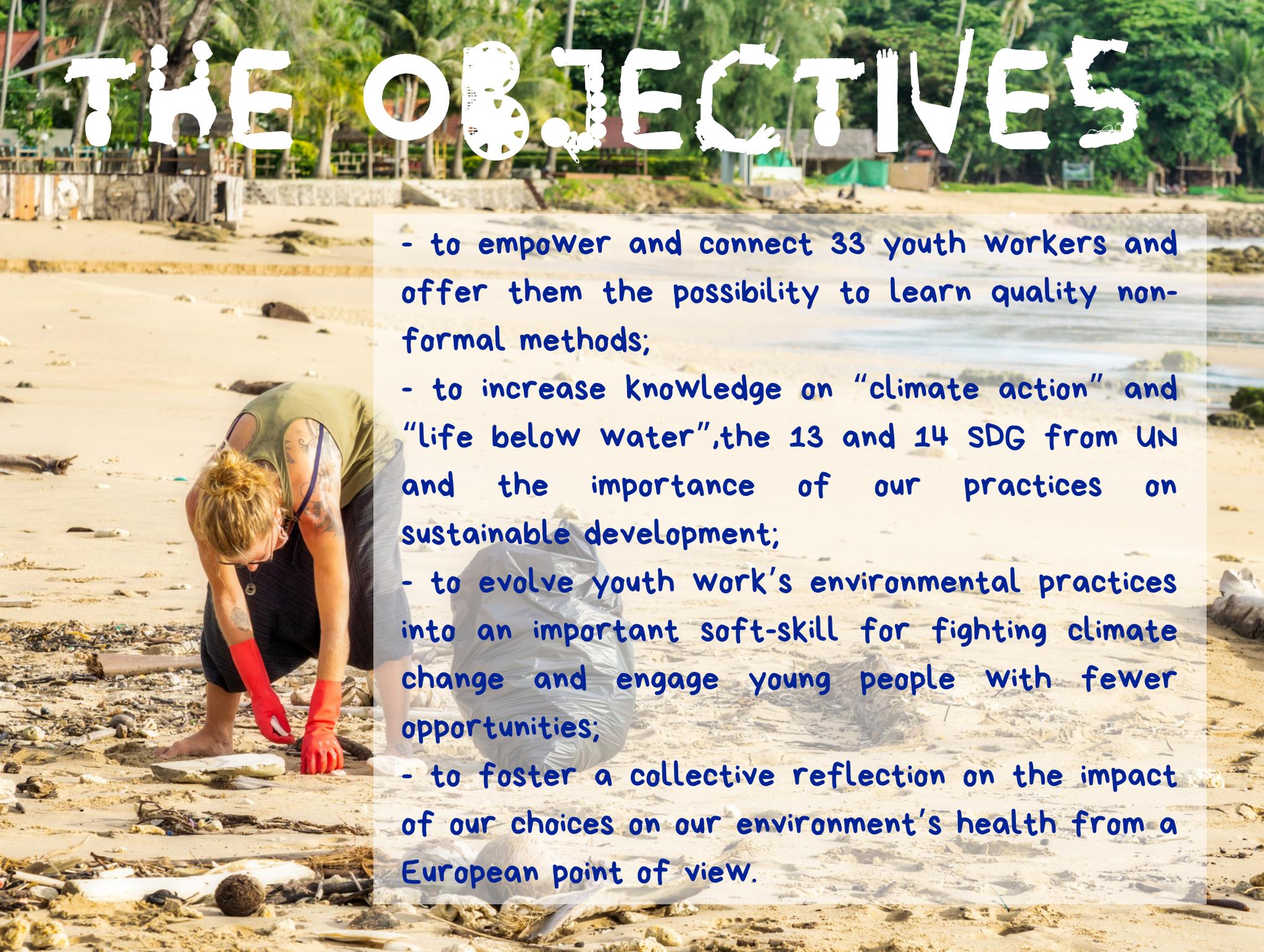
THE PROJECT

The background of the image is a dramatic, stormy sky with dark, heavy clouds and a bright lightning bolt striking from the upper right. In the foreground, a large, messy pile of discarded plastic waste, including numerous clear and white plastic bottles and containers, is visible. A human hand, wearing a dark blue suit sleeve, is raised from the center of the plastic pile, palm facing forward, as if reaching out or gesturing. The overall mood is one of environmental concern and a call to action.

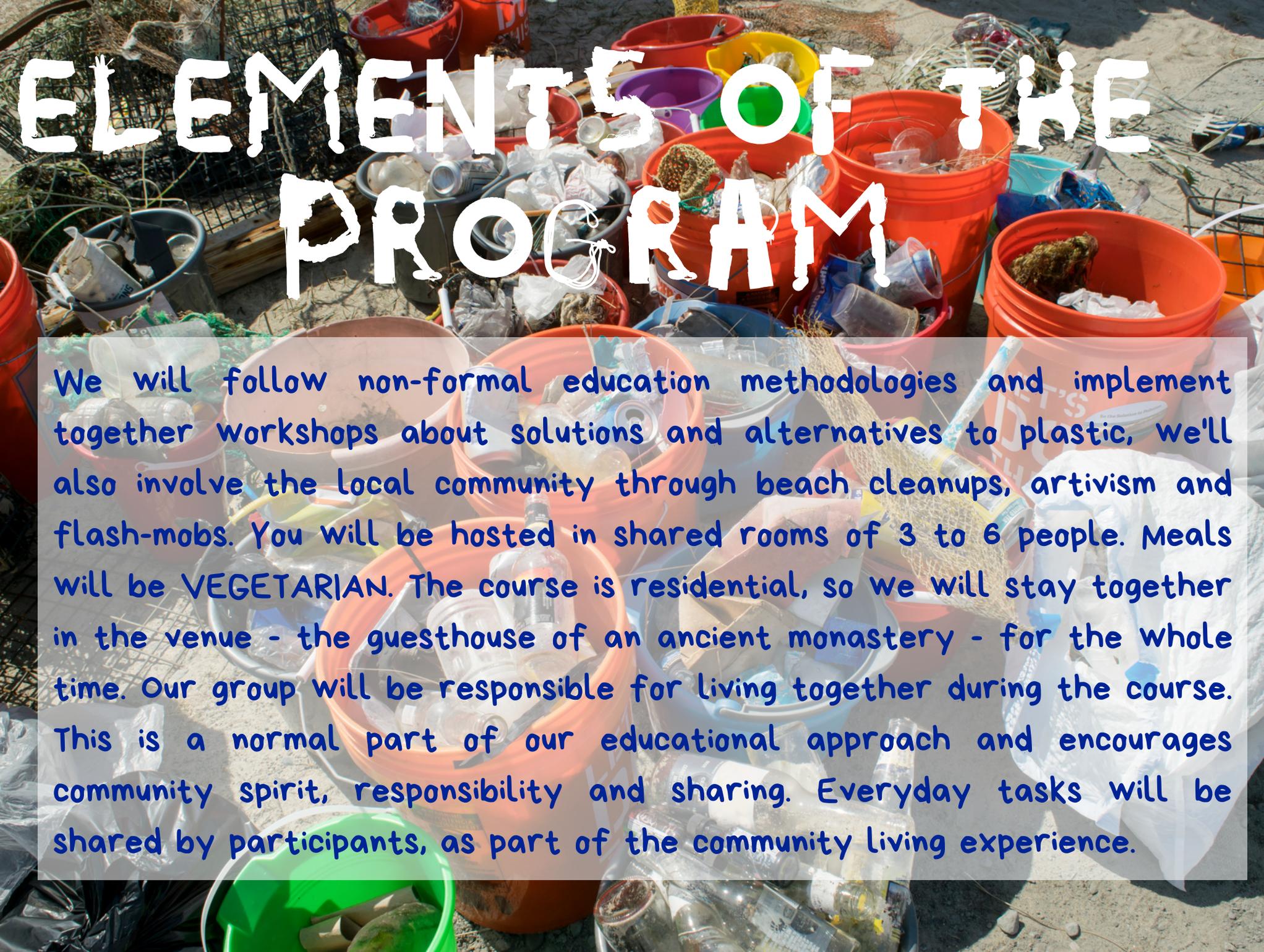
We decided to devise this project with the aim of raising awareness about the plastic crisis among our local communities. What the Plastic! (WTP!) is a gentle way to intend the WTF we usually say aloud when we see our beaches and rivers and streets polluted by plastic. For this reason, we decided to involve 9 different coastal countries and 2 islands: we want our voices to be heard louder.

THE OBJECTIVES

- to empower and connect 33 youth workers and offer them the possibility to learn quality non-formal methods;
- to increase knowledge on "climate action" and "life below water", the 13 and 14 SDG from UN and the importance of our practices on sustainable development;
- to evolve youth work's environmental practices into an important soft-skill for fighting climate change and engage young people with fewer opportunities;
- to foster a collective reflection on the impact of our choices on our environment's health from a European point of view.



ELEMENTS OF THE PROGRAM



We will follow non-formal education methodologies and implement together workshops about solutions and alternatives to plastic, we'll also involve the local community through beach cleanups, activism and flash-mobs. You will be hosted in shared rooms of 3 to 6 people. Meals will be VEGETARIAN. The course is residential, so we will stay together in the venue - the guesthouse of an ancient monastery - for the whole time. Our group will be responsible for living together during the course. This is a normal part of our educational approach and encourages community spirit, responsibility and sharing. Everyday tasks will be shared by participants, as part of the community living experience.

WHERE AND WHEN



Arrival: 14.09.2022

Departure: 22.09.2022 *

Venue: Giovinazzo, Bari

Please respect these dates of arrival. If you need to come earlier or leave later, please send us an email to moh.organisation@gmail.com

Nevertheless it is necessary that you attend the event from the beginning to the end, so please arrange your travel accordingly.

*please do not buy any ticket until we confirm your participation

WHO CAN JOIN

We are looking for motivated people, who are:

- 18+
- Ability to communicate in English
- Working with children, young people, adults (education)
- Going to use the new knowledge and skills in work or study
- Interested in protecting nature
- Willing to promote the project and its outcomes after the project
- OK with travelling to the project by bus or train

We are looking for participants from these countries: Croatia, Cyprus, Denmark, France, Germany, Latvia, Lithuania, Portugal, Romania, Spain.

HOW TO GET TO PUGLIA

By train:

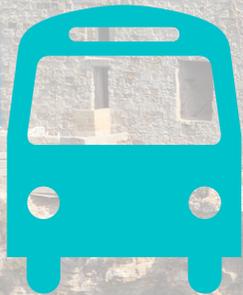
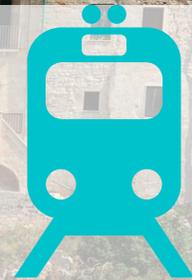
<https://www.raileurope.com/en/index.html>

By bus: <https://www.busradar.com/>

By plane: www.kiwi.com/,

<http://www.skyscanner.com/>

(The nearest airports are Bari, Brindisi and Napoli. From there you can take a bus or train to Bari)



Every participant has different budget for the travel, based on the distance*:

Croatia: **180€**

Cyprus, Denmark, France, Germany, Latvia Lithuania, Romania, Spain: **275€**

Portugal: **530€**

*The following list is the maximum allowed per person for a full return (2-ways) journey, and we will not refund more than this.

TRAVEL BUDGET AND GREEN TRAVEL

Plastic = Fossil Fuels. It is pointless to discuss about plastic and take 4 flights! We encourage you to use the most eco-friendly means of transport available: if you choose to reach Bari with boat, bus or train, you'll have 2 extra travel days (one before and the other after the normal travel days) and an extra budget, as listed below. Just think that the emission of a flight of around 2500 km, which is less than the average distance between Bari and your countries, is around 800 kgs of CO2 per person, a train that runs same distance just emits 10 kg of CO2!

DISTANCE BAND	STANDARD TRAVEL	GREEN TRAVEL 
Between 10 and 99 KM:	23 EUR	-
Between 100 and 499 KM:	180 EUR	+ 30 EUR extra
Between 500 and 1999 KM:	275 EUR	+ 45 EUR extra
Between 2000 and 2999 KM:	360 EUR	+ 50 EUR extra
Between 3000 and 3999 KM:	530 EUR	+ 80 EUR extra

TRAVEL REIMBURSEMENT

This course is co-funded through the Erasmus+ European programme. We can reimburse only the cheapest transportation possible and only public transport, and only standard or 2nd class fares. We cannot reimburse any Taxis or Private Cars.

For the reimbursements, we will need:

1. An invoice with the itinerary of your trip including the names of the passengers and, very important, the price of the ticket. Usually all this information is available on the e-tickets for flights or on the confirmation email.
2. All your original travel tickets and receipts (train and bus tickets) which you wish to have reimbursed. We cannot provide reimbursement without the original documents, so it will be your responsibility to take good care of them.
3. All boarding passes. This can be original printed boarding passes, or any mobile passes, printed out.
4. All exchange rates for the project are set by Erasmus+ and any calculations to Euros will follow the official set project rates.

CONFIRMATION AND CONTRIBUTION

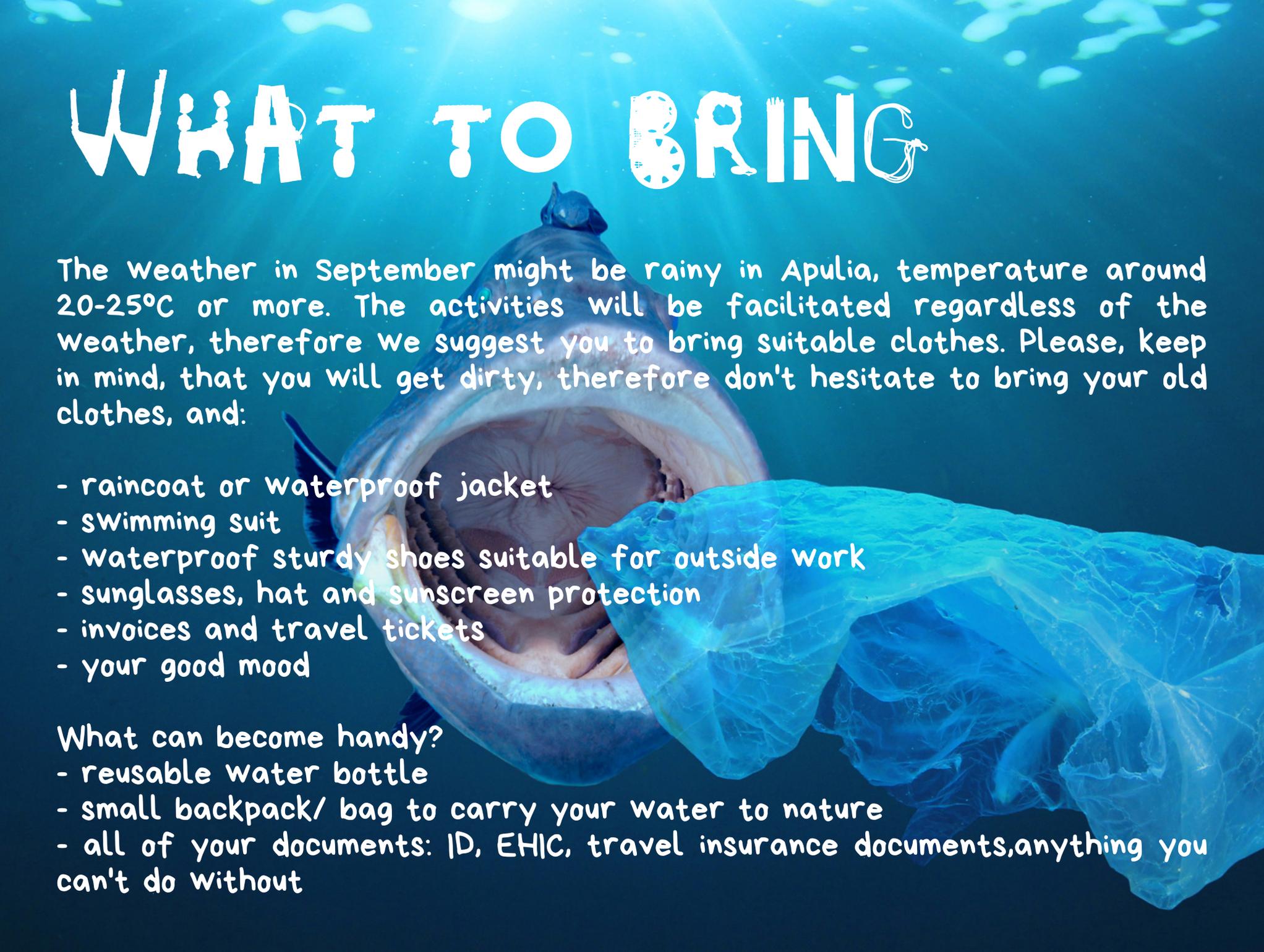
STOP

If you are approved to participate in this course, our partner organization from each country will inform you. If you are chosen to be one of the participants, you have to send your travel ticket to your partner organization on the 25th of August 2022 at the latest !

The non-profit organization "MOH" is the organizer of this Erasmus+ Mobility of youth workers and has applied for funds therefore the course is fully funded by the European Union. This money covers food & lodging, travel costs, teaching fees and the work of our cooks.

For participating in this course we ask for a contribution of 30€ to support the long-term sustainability of projects like ours and help us to go further.

WHAT TO BRING

A shark is shown from a top-down perspective with its mouth wide open. Inside its mouth, it is holding a crumpled blue plastic bag. The background is a clear blue underwater scene with light rays filtering down.

The weather in September might be rainy in Apulia, temperature around 20-25°C or more. The activities will be facilitated regardless of the weather, therefore we suggest you to bring suitable clothes. Please, keep in mind, that you will get dirty, therefore don't hesitate to bring your old clothes, and:

- raincoat or waterproof jacket
- swimming suit
- waterproof sturdy shoes suitable for outside work
- sunglasses, hat and sunscreen protection
- invoices and travel tickets
- your good mood

What can become handy?

- reusable water bottle
- small backpack/ bag to carry your water to nature
- all of your documents: ID, EHIC, travel insurance documents, anything you can't do without

PARTICIPATION & DISSEMINATION

By applying to this course, participants commit themselves to actively participate in the whole process, including:

- to read all the information carefully
- to communicate timely with the organisers
- to prepare adequately for the training course
- to take part actively in the full duration of the activities
- to participate in the evaluation process after the course

Dissemination is a crucial area of the E+ project lifecycle. It gives the opportunity to communicate and share outcomes, thus extending the impact of a project. Sharing results, lessons learned, outcomes and findings will enable a wider community to benefit from a work that has received EU funding. You will be encouraged and required to actively take part in the dissemination of the project during and after the course. We will offer you tips and space for coming up with ideas and planning.

SAFETY



During this project we will respect all the safety and protection measures related to covid-19, according to the legislation of the Italian government at that given time, in September.

Every participant needs to comply with all the current rules regarding the entry to Italy and also the requirements to get back to home country. We also recommend you to bring your EHIC card (European Health Insurance Card).

You can check out the current rules for entry [here](#) and also to discuss them with your sending organization.

PARTNER

ORGANISATIONS



Croatia: Udruga Prizma



Cyprus: Plan Be, Plan it Be it



Denmark: Danish Youth Team



France: Octop'us



Germany: Naturfreundejugend Deutschlands



Latvia: Radi Vidi Pats



Lithuania: Tavo Europa



Portugal: Teatro Metaphora



Romania: Geo Club



Spain: Biodiversa



FOR ANY DOUBT OR CLARIFICATION, CONTACT US:

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Project coordinator

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WhatsApp: +393409323771

WTP!



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[@wearemoh](https://www.instagram.com/wearemoh)

APPLY HERE

Co-funded by the
Erasmus+ Programme
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