



TERRA MATER

CICALA

EUnited against Fast Fashion

Erasmus+ Youth Exchange

October 7th – October 14th, 2024

Cicala, Italy

Terra Mater Cicala



Co-funded by
the European Union



Agenzia Italiana
per la Gioventù

About the project

The main objective of our youth exchange “EUnited against Fast Fashion” is to reduce waste production and promote the social initiative of learning to clean areas contaminated by waste.

The added value of our project, compared to the previous ones to which it is connected, is to educate young people on recycling, on environmental protection and on how to implement efficient savings on the production of waste (used clothing) by informing young people about the damage caused by their dispersion on our planet. The youth exchange will focus on the possibilities of recycling with creative methods.

Participants will be informed about the rules that the European Commission is adopting on the use of plastic and all single-use waste.

The objectives of this project and the learning objectives we aim to achieve are:

- activate young people for environmental protection;
- create awareness of the damage caused by the overproduction of waste and any disposable material, seeking solutions for this problem;
- promote creativity as a tool for environmental protection;
- improve the level of young people's creative skills;
- raise young people's awareness of intercultural dialogue and cultural diversity;
- increase the level of key skills of Youthpass certified young people;
- promote intercultural learning and global goals through non-formal education;





Want to join? Participant profile

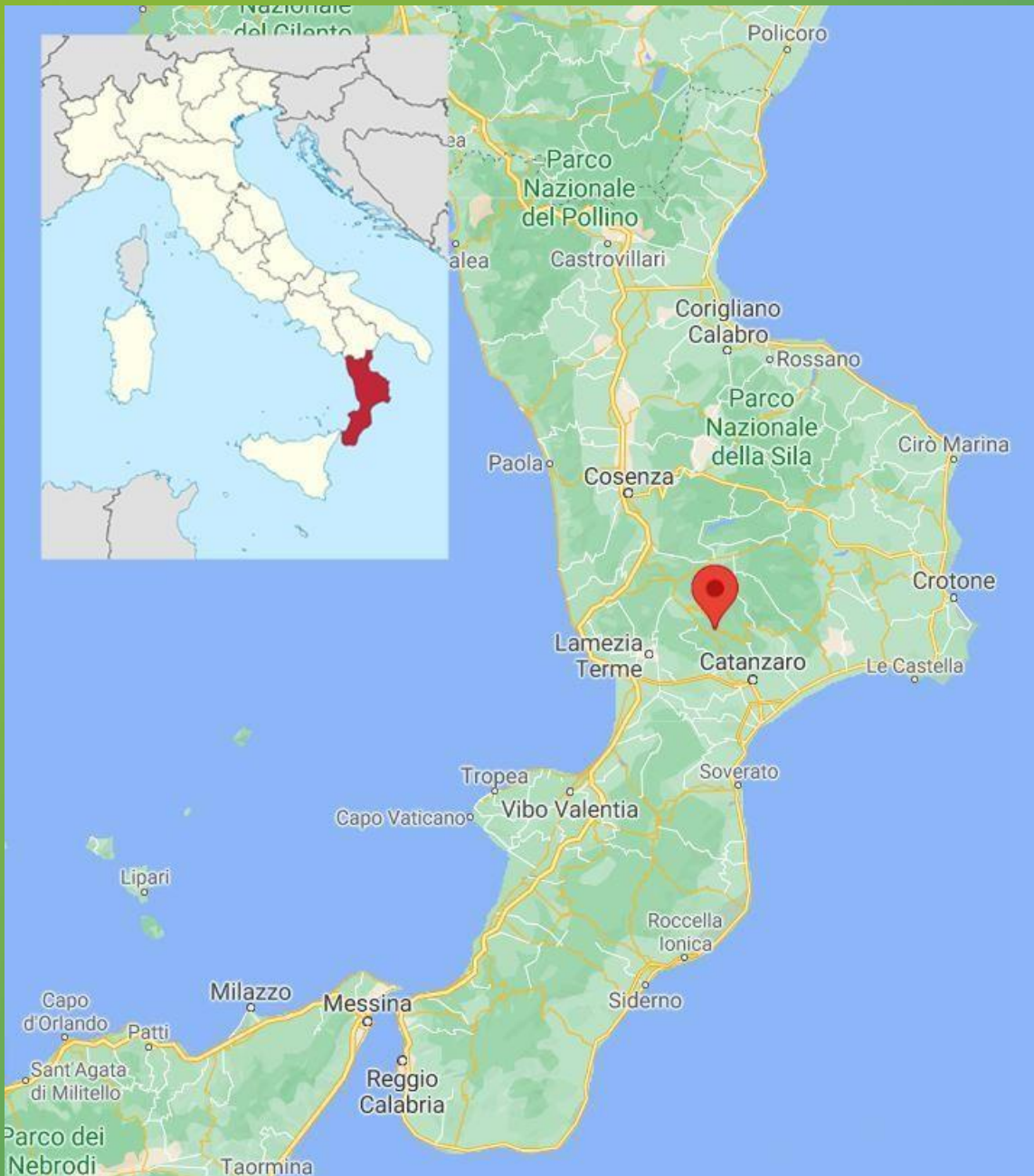
Each partner organization will send 5 participants and 1 group leader (6 people in total). Participants and Leaders must agree to take part in the whole duration of the Youth Exchange: October 7th – October 14th, 2024

Participant Profile

- Age requirements: between 18 and 25 years old;
- Want to improve their skills towards environmental sustainability;
- Sensitive to the environmental issues;
- Has a basic-intermediate level of English;

Leader Profile

- Age requirements: older than 18 years old;
- Is able to support his/her group;
- Previously participated as participant and/or leader to any youth project at national or international levels;
- Has high English literacy (B2-C1) level;
- Has previous experience in Youth Working and/or Erasmus+ programme;



How to get to Cicala?

Choose preferably flights that are landing in Italy in the morning or the day before, so you will have the time and the assured transportation to reach the meeting point on time.



Closest Airport: Lamezia Terme

Do not reserve any train ticket in order to reach Cicala, as we will provide internal transport from Lamezia Terme to the venue. 😊👋

Very important: We will create a pickup point in Lamezia Terme according to your arrivals. It is important that you will assure your presence in Lamezia Terme not later than 20.00 on October 7th. Transport will be organized with a private transportation from the pickup point to the venue of the Youth Exchange, Cicala. Cost of this bus is 30€ per person, and it will be covered with the travel budget. This means that if your total reimbursement is 275€, you will be cut out 30€ from the total amount, so it will become 245€ (30€ is for round way trip.)

After you will communicate to us your arrivals, we will make a schedule that you can follow with information on the exact time and place of the pickup point!

Same goes for the departures, knowing that the organized bus will bring you to Lamezia Terme in the morning of October 14th.

Tickets Guidelines

The following guidelines are very important. Please make sure to read them carefully, and if you have any doubt, please ask us!

Arrival and Departure days of the Youth Exchange:
October 7th - October 14th, 2024

Eligible extra days accepted from the National Agency for extending your stay in Italy and receive your reimbursement for your travel fully by our organization are up to 2 extra days.

Please remember that accommodation in Italy cannot be covered for extra days.

Travel route must be approved by us, so before booking your flights ask us and wait for our approval!

Accepted travel days are:

October 7th – October 14th,
October 6th – October 14th,
October 5th – October 14th,
October 7th – October 15th,
October 7th – October 16th,
October 6th- October 15th;



SAVE THE
DATE!

Don't forget to keep all your tickets, receipts, reservations and boarding passes! In case of missing documentation, we will NOT be able to reimburse you!

NEEDED TRAVEL DOCUMENTS FOR REIMBURSEMENT

- ✓ Flight tickets – choose second class, cheaper flights. For flight tickets you will have to provide: Ticket Reservation (you receive it online after you buy your flight, on which you find the cost of the ticket) & Boarding pass (for both ways, printed in original or pdf/screenshot).
- ✓ Train, Bus and Shuttle tickets – make sure the date, the itinerary and the price are visible on the ticket, if you can get an invoice is better;
- ✓ Transport by taxi or Rent a Car – reimbursement is allowed only if public transport is not available; a personal written declaration will be needed. (Before using it you can speak with us in order to arrange a cheaper solution if possible);
- ✓ Important: Remember to take a screenshot of app or mobile tickets and boarding passes as it will disappear after you travel, so we need to save the proof.

Travel Reimbursement & Costs

Project budget covers: 100% costs for accommodation, 100% costs for 3 meals (breakfast, lunch, dinner) & 2 coffee break per day.

Travel costs (from your house to the venue) will be reimbursed up to a maximum of 275€ per participant.

Within this cost: Transport from/to Pickup point to the venue of the Youth Exchange, Cicala. Cost of the private transportation is 30€ per person, and it will be covered with the travel budget. This means that if your total reimbursement is 275€, you will be cut out 30€ from the total amount, so it will become 245€ (30€ is for round way trip.)

Reimbursement will be done after all travel documents and payment proofs will be collected. Reimbursement will be transferred on the organization bank account.

Group Leaders must collect all travel document for their group in this Drive Folder:
<https://drive.google.com/drive/folders/1IE6zSEg6PAWNMTrKHKWmo8OG1sRD7wGB?usp=sharing>

After having collected all printed original forms, they will have to take pictures/scans and put them together with the digital version of tickets.

Please find in the Drive Folder also an Excel file as Reimbursement guide to fill in.

Very important: Reimbursement will be completed only when all documents are correctly collected.



The Venue



The venue of the Youth Exchange is Cicala, a quiet small town in Calabria, Italy.

Participants will be accommodated in tiny houses located around the center of the town.

Lunch & Dinner will be cooked by a trained cook who will prepare traditional food from Calabria, so be ready to taste delicious food!

Breakfast & Coffee Break will be organized by host organization... we will try to keep you energized and happy!




To Do List ✓

Please make sure to follow the next steps:

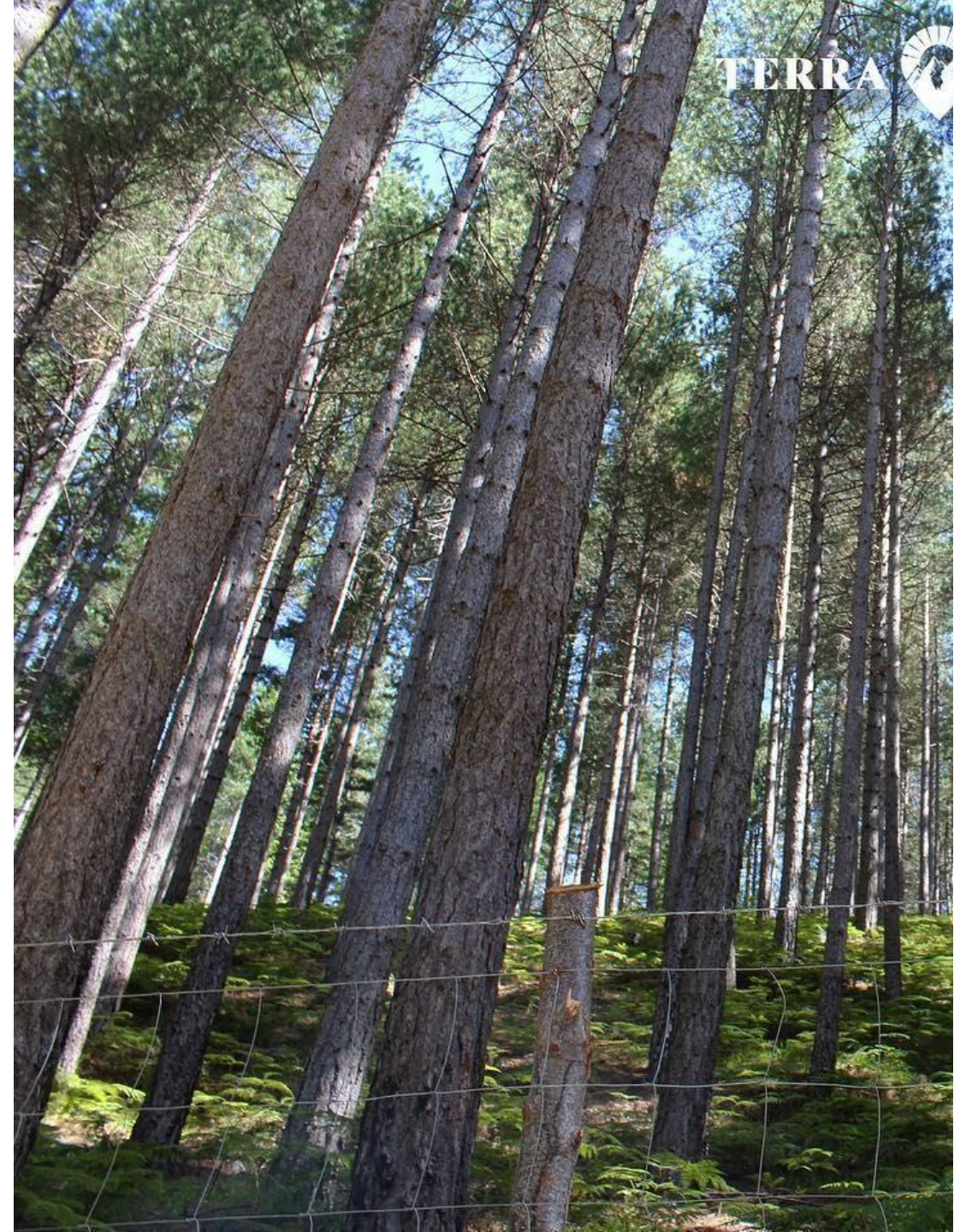
- Prepare yourself on the topic of the project, bringing your creativity and positive energy!
- Fill in the following form by September 1st (only for approved participants)
<https://forms.gle/z4NtF7frJdY6rQkk7>
- Reserve your tickets (after hosting organization approval!) by September 5th. Upload your tickets and reservations in our drive, as explained in page 6 of the Infopack.
- Join the official Facebook group, where we will share more info and updates about the project:
<https://www.facebook.com/groups/1022458269344423>
- Cultural Night - Every national group of participants from one Country will need to present their culture on the intercultural evening: you can bring some traditional food, show traditional dances and tell interesting facts and stories about your Country. You can also prepare games and quizzes!
- Safety and Insurance - the project budget will not cover a travel insurance, by the way we highly recommend to get a European Insurance Card.



What To Bring?

 Please, don't forget!

- All your travel documents and tickets according to what explained in page 5 and 6
- If you have any old clothes, you can bring them with you!
- Personal cup and water bottles, to be refilled and used personally, in order to reduce plastic use and keep your liquids separate from others!
- Personal Towels and hygiene items
- Personal medicines or any unusual personal items
- Snacks and drinks in representation for your Country, for the Intercultural Nights (keep in mind that there will be no kitchen to cook something on the spot, so bring only ready food & drinks....!)



Contacts & Partners

TERRA MATER CICALA

Facebook Page: Terra Mater Cicala

Instagram: @terramatercicala

Email: terramatererasmus@gmail.com

Phone numbers: (we are using Whatsapp & Telegram!)

Sebastiano +39 328 92 04 124

Rocco +39 327 00 96 476

Carminc +39 389 78 64 256

OUR PARTNERS IN THE PROJECT:

Impress (Croatia)

dubravko@udruga-impres.hr

KOM 018 (Serbia)

kom018projects@gmail.com

Amigos de Europa (Spain)

asociacionamigosdeeuropa@gmail.com

Danish Youth Team (Denmark)

danishyouthteam@gmail.com

COSI (Romania)

asociatiacosi@gmail.com



GRAZIE FOR YOUR ATTENTION!

SEE YOU VERY VERY SOOOOOON IN ITALY!

